



BEGINNER'S GUIDE TO BUILDING FIRST AID KITS



BANDAGES, TAPES & GAUZES



Adhesive Strip Bandages



Sterile Gauze Pads

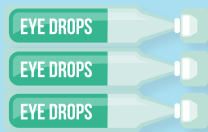


Athletic Tape

MEDICATIONS & ANTISEPTICS



Antiseptic Cleansing Wipes
Use these to clean wounds, cuts, and scrapes before applying cream or bandage



Eyewash Solution

Non-Prescription Drugs
Pain reliever, anti-diarrhea medication, antacid, laxative



Burn Ointment



Antibiotic Ointment



Hydrocortisone Cream
Use to reduce inflammation, redness, and swelling

TOOLS & MISCELLANEOUS



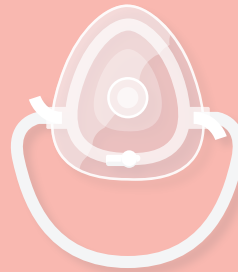
Disposable Non-Porous Gloves
Latex-free and vinyl



Instant Cold Pack

CPR One-Way Valve Face Shield, Latex-Free

Use latex-free materials because many people are allergic to latex.



Emergency Blanket



Disposable Thermometer



Scissors



Tweezers
Use for removing splinters, etc.

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